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Kitty Sanders, Butterfly Mentor **Botanical Garden of the Ozarks** 

#### **Butterfly Gardening**

Life Cycles of Native Butterflies

The Butterfly House at the BGO

Raising Butterflies at Home

## Butterfly Gardening

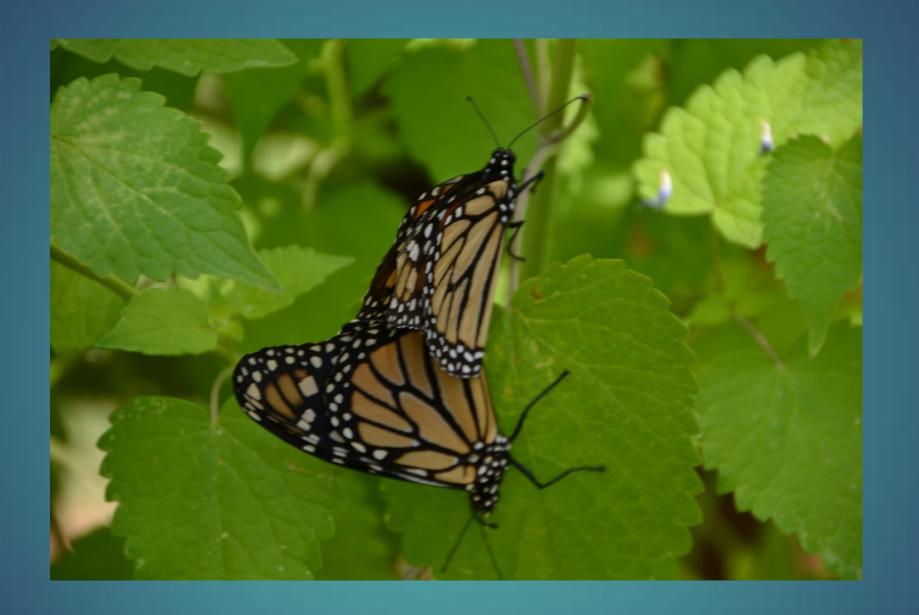


#### Why garden for butterflies?

- Joy!
- Attract beneficial organisms to your garden
- Increase pollinator habitat
- Support diversity

Besides the obvious beauty of what you'll get to enjoy...





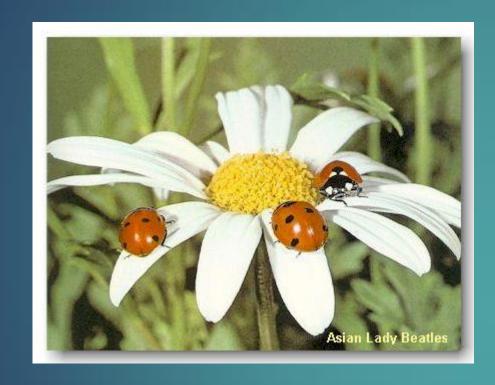






there are other benefits to creating a butterfly garden...

#### To attract other beneficial insects





## To provide food and shelter for other organisms





#### To increase habitat for pollinators

Alarming news about the decline of pollinators

- So much more than honey bees
  - Half of native bee populations declining and nearly 1 in 4 native bee species is imperiled
  - Native bees more efficient pollinators
  - Beetles, flies, wasps, ants

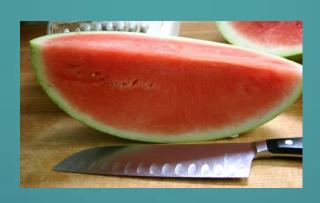


# Without pollinators, we would lose 33% of what we eat



#### Pollinators









#### Pollinators

- 1000 of 1200 common crops are pollinator dependent
- Foraging crops are pollinator-dependent, so even some of the meat we eat is reliant on pollinators
- Fruits and seeds do not develop without pollination, so much of wildlife is also dependent on pollinators
- Pollinators are also important in the production of certain medicines









#### Butterflies are Pollinators



#### Butterfly Plant Materials – Two Categories

- Nectar plants for adults

  Host plants on which butterflies lay
  eggs
  - Caterpillars only eat certain plants
  - •Biologically adapted to be able to digest only those plants

# How does a butterfly know on which plant to lay her eggs?



## Butterfly Garden Plant Material Considerations

- Use of natives is best
- Plant in color groups
- Vary the height
- Flower shape matters
- Plant for blooming in different seasons

#### Why Native Plants?

Native plants are those which evolved in a region naturally

- Animals lived side by side with these plants in a cooperative relationship
- There is some evidence that native plants provide better nectar
- Ecosystem as a whole benefits; biodiversity promoted
- Once established, natives are often easier to maintain



Purple Prairie Clover



Joe Pye Weed



Black-eyed Susan

People worry about natives growing out of control



#### Plant in Color Groups

#### **Butterfly vision**

- Can't see single flowers from distance
- Thus, best to plant in clusters of color

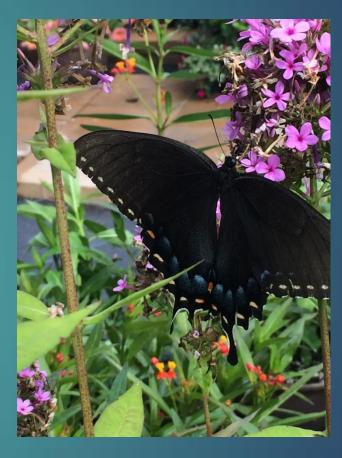


 For butterflies, most attractive colors are: red, yellow, orange, pink and purple

#### Vary the Height of Nectar Plants

Butterflies nectar at different heights





Spicebush is almost always down low

#### Flower Shape Matters



#### Pollinator syndrome

 Certain shapes of flowers are matched to certain types of pollinators

#### For butterflies

- Flowers in small clusters
- Flowers with a landing pad
- Flowers with spikes







### Plant for bloom spring through fall

- Native butterflies arrive at different times
- Butterflies have differing numbers of broods
- Some butterflies are migratory
  - We might see them in spring and then again in fall
  - Monarch important to have spring and fall since migrate so far







#### Include Shrubs and Spring-blooming Trees



New Jersey Tea







Leadplant

Dogwoods provide nectar and are the host for the spring azure





#### Laying Out the Garden

#### Spread out host plants

- But do plant near the nectar plants
- Just put some in hidden and less obvious areas
- Or put one where easily found, others in less conspicuous places

Provide for a windbreak

Make a puddling area

Provide places for basking

Provide other shelter

#### Locate Next to Windbreak



## Improvise!





#### Or Use Shrubs



Button bush

#### Clethra



to provide nectar and shelter

### Puddling



Some butterflies, especially males, sip nutrients from soil, sand, or dung

#### Puddling Areas

- Sink a plastic plant tray into the ground at soil level
  - Fill with sand and rocks
- Can lay container on top of soil
- Other things to add
  - Manure
  - Compost
  - Fruit
  - Water to dampen, but not full of water like a bird bath

## Puddling Areas



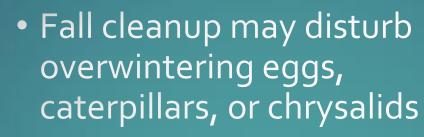




#### Why do butterflies find large flat rocks?



### Other Considerations



- Wood piles or piles of clippings are good overwintering sites
- Have a wild area of your garden that you don't clean up – leave stalks of perennials





# Would lose this guy in fall cleanup



## Other considerations

Mulch at base of plants



## Most importantly....

#### Pesticides and herbicides

- Most are indiscriminate
- Be careful with plant purchases and systemics (neo-nics)



### Favorite Nectar Plants

Joe-Pye Weed



Butterfly Weed

Asclepias tuberosa



### Purple Coneflower



#### Tall Garden Phlox





New England Aster



Rose Verbena



#### Ironweed



### Texas Greeneyes



### Solidago – Goldenrod

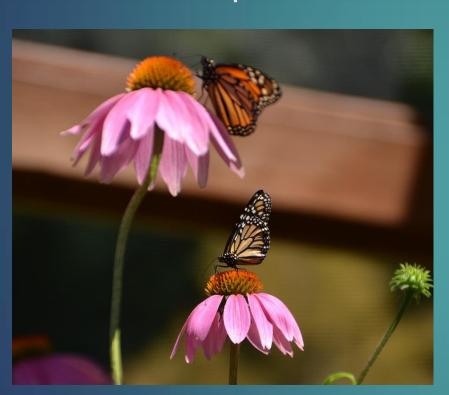


### Liatris



## Echinacea

Purpurea



Pallida



Paradoxa



### Agastache 'Black Adder'



# Asclepias

Tuberosa



Syriaca



# Asclepias

### Purpurascens



#### Incarnata

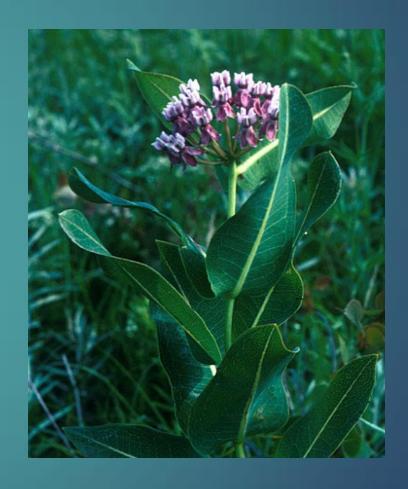


# Asclepias

Viridis



### Sullivanti



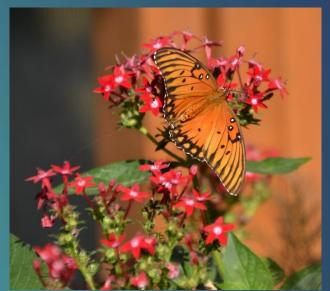
However, at the BGO some annuals are favorites...



Small butterfly on zinnia

At least three species on lantana





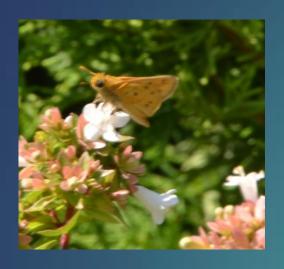
Gulf fritillary on penta

### Dianthus



Petchoa (Supercal)





#### Abelia

#### Zinnias

# Especially 'Profusion', 'Lilliput' and 'Cut and Come Again'





### Butterfly Bush



### Tall Verbena



## Not All Butterflies Nectar Alike



Some prefer rotting fruit



## Beyond Second Grade Butterflies

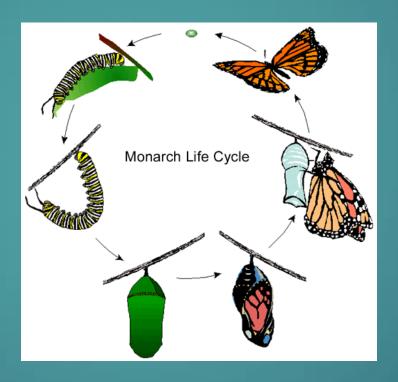
Life Cycles

The Wonderful World of Caterpillars

**Butterfly Defenses** 

# Life Cycles

More than egg, caterpillar, chrysalis, butterfly



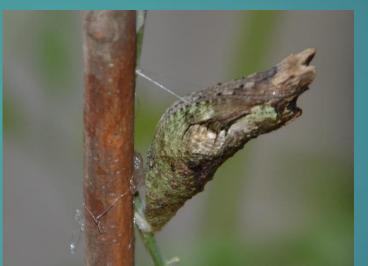
### Giant Swallowtail



Eggs on rue



Early instar



Chrysalis



Later instar







Preparing to pupate

### What's this about instars?



- Various stages of pipevine swallowtail caterpillars
- Each stage is called an instar
- Notice the changing appearance

# How long is the butterfly life cycle?



# Spicebush Swallowtail





Eggs on spicebush



Chrysalis



Early instars



Later instar



Preparing to pupate

## Cloudless Sulphur





Egg



Chrysalis



Caterpillar



Preparing to pupate

# Red-spotted Purple





Chrysalis



Caterpillar



Hibernaculum



Emerging from hibernaculum in March









# Pipevine Swallowtail









## Eastern Black Swallowtail









Early Instar



Preparing to pupate



# Tiger Swallowtail























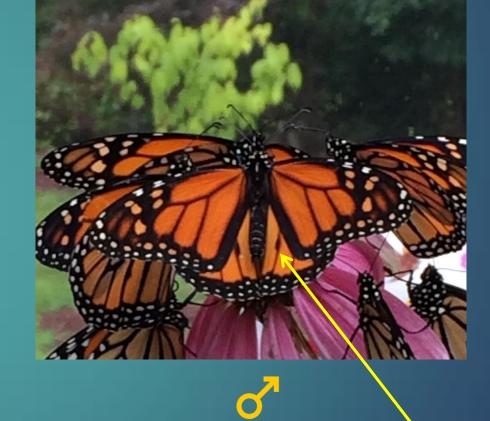


Monarch



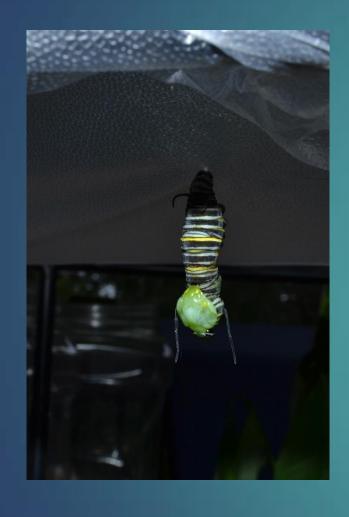
## Monarch







## Monarch



















## The Wonderful World of Caterpillars

Defenses



#### **Giant Swallowtail**

- Bird dropping defense
- Osmeterium red structure emits foul smell that repels predators
- Think he mimics anything?





Cloudless sulphur blends into leaf or stem

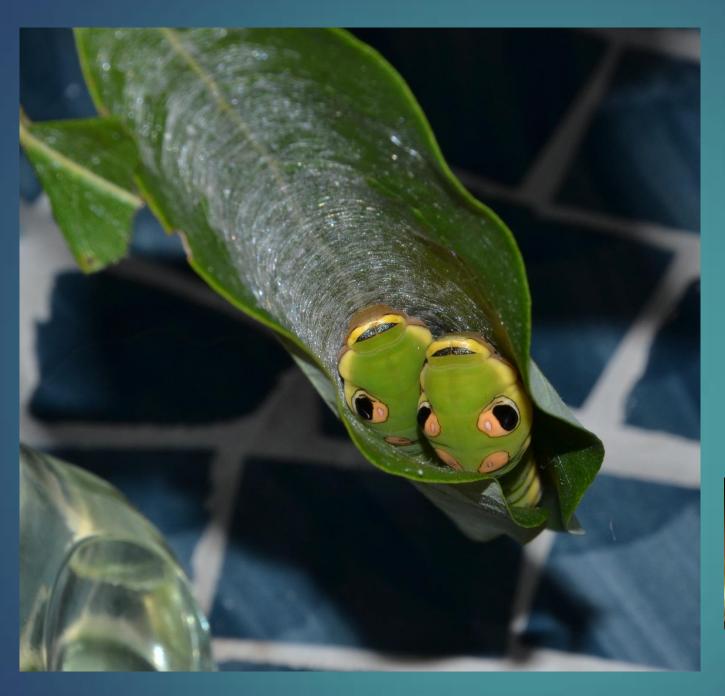
### Spines!



Pipevine Swallowtail



Gulf Fritillary



#### Spicebush Swallowtail

- Fake eyes
- Looks like snake
- Rolls leaf to hide



# The monarch diet of milkweed

renders it poisonous to predators



Monarch caterpillars



Caterpillar of Eastern Black Swallowtail

So why not mimic the appearance of the monarch?



Black Swallowtail

### The Wonderful World of Caterpillars

Other Interesting Aspects (or Oddities)

#### Snacks!

- When caterpillars hatch, they, like other animals, eat the egg shell which is high in nutrients
- As caterpillars move through each instar stage, they slip out of their old skin which is also eaten



# Butterfly Defenses

Startle coloration
Warning colors
Mimicry

### Buckeye – Startle





# Warning Colors



**Gulf Fritillary** 

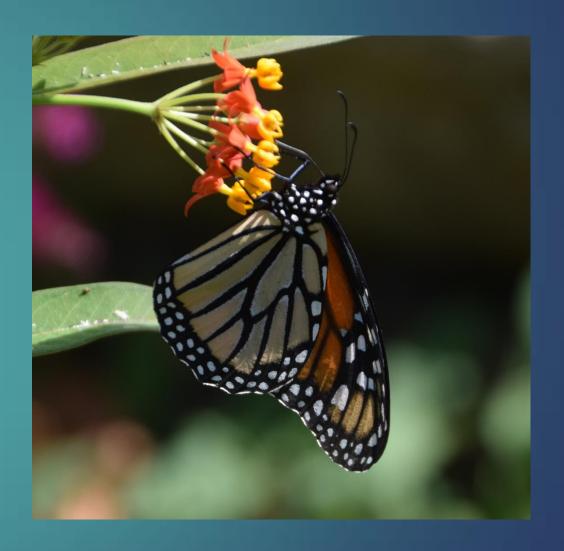


Red Admiral



# Mimicry





### A butterfly's hard life

- Only about 5% make it to adulthood
- Man-made problems
  - Habitat destruction
  - Pesticides/herbicides
- Mother Nature
  - Predators
  - Disease
  - Weather

### Butterfly House Operations

- No pesticide use
- Plants raised so we know no harmful chemicals have been used
- Keep plants healthy
- Work to prevent overpopulation
- Destruction of materials/dead insects
  - Freeze
  - Burn
- Screened house with plenty of circulation
- Search for and remove predators
- Remove spider webs

#### Cleanliness

- Bleach solution to clean containers
- Handle insects as little as possible
  - Hands have bacteria, soap, lotion
  - Caterpillars absorb through skin
  - When do have to move, try to use leaf or paintbrush





- Fresh food
  - Can be done several ways
    - Live plant in container
    - Use cut leaves and replace daily
    - Stems in water
      - Use different tools to keep foliage fresh









- Fresh food
  - Another option floral picks
  - Damp towel in container (Caterpillars don't need water)



- Safe home
  - Mesh container helps to prevent parasitoid entry
    - Alternative paint strainer over plant
    - Also, caterpillars can move easily and will attach readily to side or top
  - Plastic containers ok
    - Holes in top
    - Mesh cover
    - Tiny cats can be kept in petri dishes

Containers for caterpillars





#### Containers for caterpillars





- Clean home
  - Frass should be cleaned out daily
    - Easiest if keep something on bottom of container
    - Liquid released when pupate, so something to catch is helpful
    - Dispose of frass
- Not too many in one container
  - Easier to keep plant material clean
  - Prevent spread of disease

#### Respect Mother Nature – she has a process

- Caterpillars often leave the host plant when getting ready to molt
  - Don't try to place back on host plant
  - Leave the caterpillar alone



#### Respect Mother Nature – she has a process

- When caterpillars are ready to pupate, they will again leave the host
  - Don't worry if it doesn't move for a day or so
  - Different species attach themselves different ways
  - After they attach themselves, it may be another day before it forms its chrysalis







#### Respect Mother Nature – she has a process

- Many will remain in the chrysalis stage for about 2 weeks
  - Many change color the day before emerging
  - When do eclose, they have important things to take care of
  - Again, DO NOT move them
  - Allow them 2-4 hours before releasing
  - If it's late in the day or the weather is bad, they can be released the next morning

### Raising Healthy Butterflies

Butterfly nuts bring them in from the garden to a sheltered place

- Many kinds of containers
- Important to protect from predators
- Some predators even eat the eggs
  - Ants, spiders
- Spiders, lizards, birds love the caterpillars
- Parasitoids lay eggs in the egg or in the larva
  - Those eggs then develop within the larva to emerge later

# Infected Monarch Caterpillar





Photos courtesy of Jack Bardwell

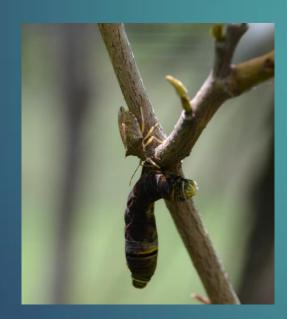
### Exit Holes in Swallowtail Chrysalis



Photo courtesy of Jack Bardwell

### Predators

- Hanging like this, probably something like a soldier bug
- Has proboscis that sucks out the fluids

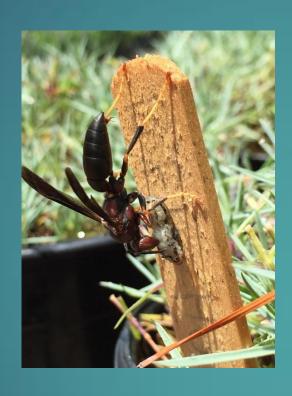






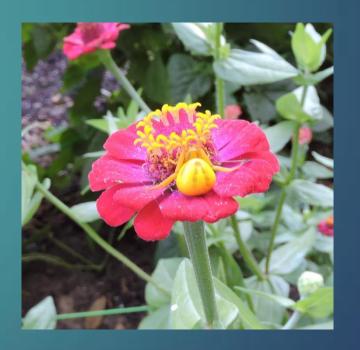
### Predators

Wasps



Spiders





### Predators

All stages have predators, even eggs





In a spider's trap

# So this is why we raise some in protected areas

- Even then, it's not foolproof
- Try not to be dismayed when some don't make it
- Remember we are working with Mother Nature
- Those you do save will help to increase declining populations

### Favorite Reads

The Life Cycles of Butterflies by Judy Burris and Wayne Richards The Family Butterfly Book by Rick Mikula Arkansas Butterflies and Moths by Lori Spencer **Bringing Nature Home** by Doug Tallamy

### Favorite Websites

Monarch Watch

Good information

Tagging

Journey North

Wonderful information

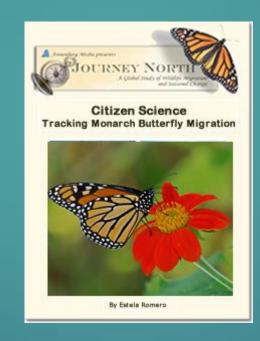
Slide shows

Citizen Science

(Details on your handout)







<u>eBook</u>

**Slideshow** 

**Photo Gallery** 

<u>eBook</u>

**Slideshow** 

**Photo Gallery** 

**Text** 

**Teaching Suggestions**